Positive Behavior Management Workshop Schedule

Thursday, February 4, 2010

7:30 - 8:30 **Registration/Check-In**

8:30 - 9:45 **General Session,**

Dr. Richard Smith

Why Problem Behavior Occurs (and why it is important to know the answer)

9:45 - 10:00 **Break**

10:00 - 11:30 **Breakout groups Session 1**

Track 1 Audience: Individuals implementing behavior programs *(Direct care staff, caregivers, family members, home supervisors, medical personnel, case managers, and QMRPs*)

Track 2 Audience: Individuals performing assessments or writing behavior programs (Psychologists, Behavior Analysts)

11:30 - 1:00 **Lunch Break**

1:00 – 3:00 **Breakout groups Session 2**

3:00 – 3:15 **Break**

3:15 – 5:00 **Breakout groups Session 3**

Friday, February 5, 2010

8:30 – 10:30 **Breakout Groups Session 4**

10:30 – 10:45 **Break**

10:45 – 12:00 **Final Session, Dr. Richard Smith**

Working Together: Positive Approaches to Prevention and Intervention

*Schedule and speakers subject to change

Track 1

Audience: Individuals implementing behavior programs (Direct care staff, caregivers, family members, home supervisors, medical personnel, case managers, QMRPs)

Session 1:

Eliminating Coercion and Staying Close

- How to avoid using coercion & punishment techniques to help challenging behavior
- How to build solid, positive relationships with individuals who have intellectual and developmental delays
- How to use their attention to encourage appropriate and desirable behavior that facilitates learning and enrichment opportunities

Session 2:

Reinforcement and the Proactive Approach

- A proactive approach to behavior management
- What consequences are and how they affect behavior
- How to provide reinforcement to "tip the scales" to desired behavior
- 7 Steps to effective reinforcement

Session 3:

Tools for Redirection

- What is *junk behavior*
- How to reduce junk behavior by learning to pivot
- How to redirect potentially harmful behaviors

Session 4:

Setting Expectations and Putting It All Together

- How to set expectations with an individual
- I'm special: Following Individual Behavior Support Plans

Track 2

Audience: Individuals performing assessments or writing behavior programs (Psychologists, Behavior Analysts)

Session 1:

Problem Behavior: A Functional Approach

Session 2:

Functional Assessments: An Analytic Approach

Session 3:

Making the Connection:

From Assessment to Intervention

Session 4:

Programming Intervention



Richard Smith received his Masters and Doctoral degrees at the University of Florida. After receiving his Doctoral degree, Rick joined the faculty at the University of North Texas, where he currently serves as Chair of the Department of Behavior Analysis. His primary research interest is in the assessment and treatment of behavior disorders in persons with developmental disabilities, with specific areas of focus in motivational variables, advances in functional analysis procedures, and the use of complex research designs to investigate basic principles underlying the effects of behavioral interventions. His research has resulted in numerous presentations and publications, and he recently completed a term as Associate Editor for the Journal of Applied Behavior Analysis. In 1997, Dr. Smith received the American Psychological Association (Division 25) B. F. Skinner Award for Innovative and Important Research by a New Researcher, in 2000 he received the Texas Association on Mental Retardation's Research Award, and in 2007 he received the Hiram J. Friedsam award for outstanding faculty service from the University of North Texas' College of Public Affairs and Community Service.